



Exercise Room Rules

- Nina Dunn HDFC/Board Members assumes NO responsibility for any injury that may occur
- If you have not signed a waiver form you are not allowed to be in this room
- Use equipment at your own risk
- Please follow equipment directions carefully
- Shirts and sneakers must be worn at all times. No sandals or flip-flops
- No alcohol, food, glass containers, horseplay or smoking is permitted in this room
- Children under the age of 16 must be accompanied by an adult
- Keep music volume at a reasonable tone. No profanity or lude language
- Clean up after yourself